



**UNIVERSITI TUN HUSSEIN ONN MALAYSIA**

**FINAL EXAMINATION  
SEMESTER II  
SESSION 2016/2017**

COURSE NAME : COMMUNITY NUTRITION  
COURSE CODE : BWD 31203  
PROGRAMME CODE : 3 BWD  
EXAMINATION DATE : JUNE 2017  
DURATION : 3 HOURS  
INSTRUCTION : ANSWER ALL QUESTIONS

**TERBUKA**

THIS QUESTION PAPER CONSISTS OF TWO (2) PAGES

- Q1** The incidence of cardiovascular diseases are increasing in the world. As a community nutritionist, you are given funding by the Ministry of Health to conduct a health program. Using that funding, focus on one level of prevention; explain and discuss the nutrition prevention that can be conducted in that level.  
(20 marks)
- Q2** Prevention approach is very important in the strategy to prevent the incidence of cancer. Highlight **FOUR (4)** successful strategies being implemented by The National Cancer Institute's Health Promotion Intervention.  
(20 marks)
- Q3** As a community nutritionist, you are to develop a new "food basket" to be distributed to malnourish children in Batu Pahat district.  
(a) Formulate the content of the food basket.  
(10 marks)  
(b) Based on your answer in **Q3 (a)**, justify the reason for the content of the "food basket"  
(10 marks)
- Q4** Systematic gathering, verifying and interpreting of data are needed to identify nutrition-related-problems. Identify **FIVE (5)** nutrition assessment that can be conducted in old folk house that consist of about 50 older people aged between 55 to 75 years old. Please elaborate your answer.  
(20 marks)
- Q5** National Coordinating Committee on Food and Nutrition, Ministry of Health Malaysia has come out with a Malaysian Dietary Guidelines for Children and Adolescents 2013. One of the key message is to consume foods and beverages low in sugar.  
(a) List **THREE (3)** recommendations to achieve that message.  
(6 marks)  
(b) Propose plan/strategy for the children to achieve that message.  
(14 marks)

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- END OF QUESTIONS -